

Chair Challenge



Objective

A cooperative problem-solving game which requires children to work in teams.



Equipment

- Mats
- Whistle



Preparation

- Split the children into teams of 10.
- Start by telling the teams that this is a progression game.
- Lay out mats for each team to stand on during the activity.



Instructions

- Have 4 members of each team create a small circle with each person facing to the right so that they can see the back of the person in front of them.
- Explain that on the whistle they must all bend their knees and try to sit on the knees of the person behind them.
- As each round continues, another person must join the team creating the chair until all 10 children are seated in the challenge.



Other information

- Allow balance implements to help children e.g., chairs.

