# Cone Seek



#### **Objective**

A competitive and cooperative physical activity that develops children's understanding and use of the 4 points and 8 points of the compass and use of locational and directional language.



## **Equipment**

- Cones
- Blindfolds
- Beanbags (more challenging)



## **Preparation**

- Split the children into small teams and identify the starting seeker. The seeker must close their eyes or apply a blindfold.
- Give each team a different colour so that they can retrieve those coloured cones.
- Create a Cone Seek zone, roughly the size of half a netball court and spread out an equal amount of different coloured cones.



#### Other information

• Add beanbags to the Cone Zone to allow for a more challenging game. If a teammate touches a beanbag with their foot, they must go back to the starting point and go again.



#### **Instructions**

- Provide each team with a starting point.
- Each team must work cooperatively to direct their blindfolded teammate through the Cone Seek zone to retrieve their coloured cones.
- Provide the children with the rules:
  - Each team must collect only their coloured cones.
  - Each player on the team should get a turn to be the seeker.
  - Children should not kick or move another team's cones.
- Teams can only start from their designated start point.
- Teachers should encourage the teams to use directional language when communicating.



