

Gimmie A Leg To Stand On



Objective

A competitive and cooperative physical activity which requires children to use their problem-solving skills in a team.



Equipment

- Cones to mark out areas for each group.



Preparation

- Place cones in marked out areas.
- Split the children into small teams of 5 or 6, considering ability and cooperation.
- Ask each team to stand in a coned area.



Instructions

- Explain to the children that in this game the teacher will call out a number from one to twenty-four (twenty if in groups of 5), and children must have that number of legs or arms touching the ground.
- Start easy, allowing children chance to adjust to the game and slowly progress so that children must work out how to remove teammates from the ground.
- Each team must work cooperatively and communicate effectively to make the correct number.
- Provide teams with a tip of counting their own limbs before working out the number they need.



Other information

- Perform the activity in silence to develop different communication methods/techniques.

