

Skeleton Relay



Objective

Identify and label the main parts of the human body, including head, neck, arms, elbows, legs, knees and feet.



Equipment

- Hoops
- A4 clip board
- Adequate amount of skeleton sets, split into parts for each group to collect
- Body part labels
- Example of completed skeleton



Preparation

- Set out a large square in the playground or sports hall, with ample room for all participants to move around safely at different speeds.
- Divide the children into groups, taking into consideration ability and space available. Seat each group down in a line with a hoop at the front, ensuring that there is a large space in front of them.
- Provide each group with an overview of the main parts of the human body (including head, neck, arms, body, elbows, hands, legs, knees and feet).



Instructions

- The first child from each group runs out to the hoop directly in front of their group, collects either one skeleton part or a body part name card, and brings it back to their group. Each member of the group does this until all the skeleton parts and body part name cards have been retrieved.
- The group then works together to try and put together the human skeleton from the collected skeleton parts and label them correctly with the body parts name cards.
- The group that completes the activity first, with all images, names and purpose matched correctly, will be the winners.



Other information

- To provide extra support, some groups could be provided with an example of a completed skeleton with the body parts labelled.

