

Traffic Jam



Objective

- A competitive and cooperative physical activity which requires children to use their problem-solving skills in a team.



Equipment

- Cones



Preparation

- Split the children into teams of 10.
- Place 11 cones for each team in a line and ask the children to stand one person to a cone with the middle cone left empty.
- Each team is now automatically sorted into two sub teams of 5.
- Both sub teams must face each other in the line so that they are facing towards the middle cone.



Instructions

- The aim of the game is for each sub team to swap places with the other side.
- Each team must work cooperatively and communicate effectively to swap sides with the sub team opposite them.
- The children must follow these rules:
 - Only one person can move at any time.
 - A person cannot move around someone facing the same direction as them.
 - No one can move backwards.
 - No one can move around more than one person on the sub team at a time.



Other information

- Edit rules to suit abilities.

