

Ultimate Egg Drop



Objective

- A competitive and cooperative physical activity which requires children to use their problem-solving skills in a team.



Equipment

- Bibs
- Eggs
- Scissors
- Tape
- Outdoor Materials such as leaves, twigs



Preparation

- Split the children into teams of no more than 4 or 5.
- Provide each team with an egg, scissors, and tape.
- Explain to children that they will need to find appropriate materials in their outdoor space to protect the egg.



Instructions

- Children will have a limited amount of time to look around their outdoor area for materials they can use to cover and protect their egg.
- Once the time is up each team will have to drop their egg from a certain height and see if it remains intact.
- Each team must work cooperatively and communicate effectively to find suitable materials.
- If the egg cracks during the process of protection, each team is allowed one back up egg only.



Other information

- Alternatively, place different materials around the outdoor area for children to find and use.

