

# Anglo-Saxon Days of the Week



## Objective

- To become familiar with the legacy of Anglo Saxon England.
- To become familiar with Anglo-Saxon origins of some of the days of the week.



## Equipment

- Enrich School Orienteering Map
- Orienteering control markers
- Activity Sheet
- Answer Sheet



## Preparation

- Children could do this activity in pairs or small groups.
- Provide each pair/group with a copy of the Activity Sheet and an Enrich School Orienteering Map.
- Explain to children how to complete their Activity Sheet.



## Instructions

- The Activity Sheet has five Anglo-Saxon Gods and Goddesses who have days of the week named after them. Children have to fill in the missing letters to make the name of the god/goddess.
- Above each missing letter, there is the number of a control point. Children use their orienteering map to find each control point. They use the letter from the control marker that is indicated (1<sup>st</sup>, 2<sup>nd</sup>, 3<sup>rd</sup>, 4<sup>th</sup>) to fill in the missing letter.
- When they have completed the name of the god/goddess, they write the day of the week that they think is named after them.



## Other information

- This activity could be used as part of an investigation into Anglo- Saxon words within the English language.

