

# Orienteering Quiz – Skeletal System (Answer Sheet)

Control Point	Question		Tick for your answer	Check your answer with the 3 <sup>rd</sup> Number
8	Which of these joints is a ball and socket joint?	Elbow	<input type="checkbox"/>	
		<b>Hip</b>	<input type="checkbox"/>	3
		Knee	<input type="checkbox"/>	
3	Which one of these bones is located at the shoulder joint?	<b>Scapula</b>	<input type="checkbox"/>	9
		Radius	<input type="checkbox"/>	
		Talus	<input type="checkbox"/>	
15	Which one of these bones is NOT found at the elbow?	Humerus	<input type="checkbox"/>	
		Ulna	<input type="checkbox"/>	
		<b>Fibula</b>	<input type="checkbox"/>	5
12	Which one of these is the role of a ligament?	<b>To attach bone to bone</b>	<input type="checkbox"/>	2
		To act as a shock absorber	<input type="checkbox"/>	
		To attach muscle to bone	<input type="checkbox"/>	
9	What is the function of synovial fluid?	To act as a shock absorber	<input type="checkbox"/>	
		To help stabilise joints	<input type="checkbox"/>	
		<b>To lubricate joints</b>	<input type="checkbox"/>	0
5	In which part of a bone are blood cells produced?	Cartilage	<input type="checkbox"/>	
		<b>Bone marrow</b>	<input type="checkbox"/>	6
		Ligament	<input type="checkbox"/>	
2	Which of these is a hinge joint?	<b>Ankle</b>	<input type="checkbox"/>	7
		Shoulder	<input type="checkbox"/>	
		Hip	<input type="checkbox"/>	
13	Which of these bones acts as a lever?	Carpals	<input type="checkbox"/>	
		<b>Femur</b>	<input type="checkbox"/>	3
		Ribs	<input type="checkbox"/>	

