

Orienteering Quiz – Smart Targets

Control Point	Identify the 'best-fit' definition for each category.		Tick for your answer	Check your answer with the 3 rd letter
4	Specific			
		The target states exactly what will need to be done.		M
8	Measurable			
		Success is clear and can be measured.		H
15	Accepted / Achievable			
		The target you set needs to be possible for you to meet.		I
3	Realistic			
		The goal is possible when all factors are taken into account.		U
9	Time bound			
		A time should be set for when a goal will be achieved.		E

