Orienteering Quiz – Skeletal System

Control Point	Question		Tick for your answer	Check your answer with the 3 rd Number
8	Which of these joints is a ball and socket joint?	Elbow		1
		Hip		3
		Knee		6
3	Which one of these bones is located at the shoulder joint?	Scapula		9
		Radius		5
		Talus		2
15	Which one of these bones is NOT found at the elbow?	Humerus		1
		Ulna		7
		Fibula		5
12	Which one of these is the role of a ligament?	To attach bone to bone		2
		To act as a shock absorber		5
		To attach muscle to bone		4
9	What is the function of synovial fluid?	To act as a shock absorber		3
		To help stabilise joints		9
		To lubricate joints		0
5	In which part of a bone are blood cells produced?	Cartilage		8
		Bone marrow		6
		Ligament		4
2	Which of these is a hinge joint?	Ankle		7
		Shoulder		0
		Hip		5
13	Which of these bones acts as a lever?	Carpals		8
		Femur		3
		Ribs		6